

FREE YOGA ALL WEEKEND

Saturday, Dec. 1st - Sunday, Dec. 2nd
Free Yoga Classes all day Saturday and Sunday with bonus events.

Special class/package rates, discounts on store items,
chair massages, yoga gift basket drawing, and more - all weekend!
Go to www.markblanchardsyoga.com for more details and class schedules.

1:00pm -2:00pm Sat Dec 1, Brentwood Studio
Why Power Yoga? A discussion with Mark Blanchard

7:30pm Sat Dec 1, Brentwood Studio
A Special Live Performance by Donna Delory (see other side)

"Mark really helped
me make the connection
between body, mind &
soul"— Jennifer Lopez

"Mark's class is my
favorite attraction in
LA" — Rachel Griffiths

"Mark Blanchard is a
master in the hot discipline
of power yoga"
— People Magazine

"... a challenging heart-pounding
workout" —Shape Magazine

PRE-HOLIDAY OPEN HOUSE

MARK BLANCHARD'S
**POWER
YOGA**

BRENTWOOD
11740 San Vicente Blvd. Suite 202
Los Angeles, CA 90049
(310) 826-YOGA

STUDIO CITY
4344 Tujunga Ave.
Studio City, CA 91604
(818) 769-6427

PURE YOGA - AND NOTHING ELSE.
www.markblanchardsyoga.com

AT MARK BLANCHARD'S POWER YOGA THE FOCUS IS STRENGTH -
WITHIN AND WITHOUT. GO TO OUR WEB SITE FOR MORE DETAILS.